

FOR IMMEDIATE RELEASE

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INTRODUCING SCENIC TREX

October 2008 - Scenic Trex Brings New Motivation to Indoor Workouts

Workout in paradise! Scenic Trex DVDs bring the great outdoors right into the home. Filmed in continuous motion in actual outdoor locations, the viewer feels as if they are trekking through nature while exercising on a treadmill, stationary bike, or elliptical trainer. Workouts at speeds up to 6 mph appear at a natural pace while viewing.

Our breakout titles, *Beachside Jungle* and *Rainforest*, journey across the beautiful Caribbean island of St. Lucia. In addition to the trek, each DVD also contains a peaceful warm-up and cool-down segment -- excellent for stretching or yoga. *Beachside Jungle* and *Rainforest* soundtracks are genuine to the region.

Scenic Trex DVDs

Scenic Trex *Beachside Jungle*

Trek through the lush jungle of St. Lucia with this extraordinary workout adventure. Wind along tropical trails and peaceful streams, emerging from the jungle to continue along the island's beautiful Caribbean coast. Trek duration is 49 minutes.

Scenic Trex *Rainforest*

Rough it in the wilds of St Lucia's tropical rainforest with this exotic wilderness expedition. Traverse rugged terrain and forge dense foliage while experiencing diverse patterns of sunshine, clouds and wind throughout the journey, with majestic mountain views along the way. Trek duration is 62 minutes.

Available Now on Amazon

www.amazon.com/shops/scenictrex; Retail \$15.99 each

More Info About Scenic Trex

We at Scenic Trex hope you are as excited as we are to spread the word about our unique fitness experience. Enclosed are *Beachside Jungle* and *Rainforest* DVDs. More information is available on our website: www.scenictrex.com. Please don't hesitate to email or call with any questions.

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